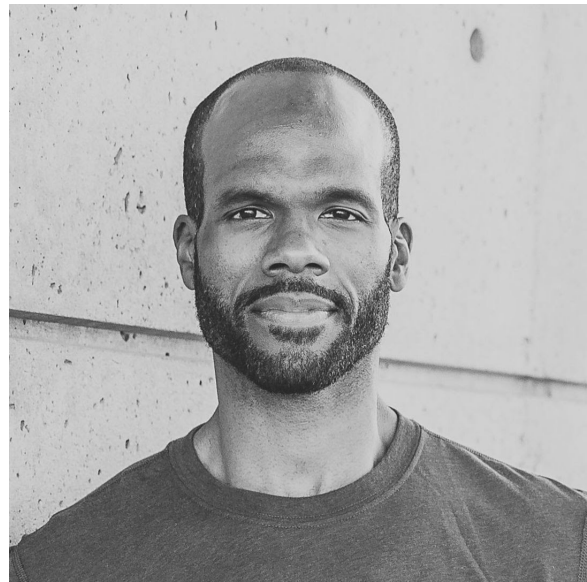


**Travis Daigle** is a Motivational Speaker, Writer, and Former US Army Green Beret. Travis believes that the ability to take ***personal ownership in difficult situations is the most important skill in life.*** In his inspiring presentations he teaches 3 principles (Time, Story, Vision) that will help the audience become more effective at taking personal ownership in the face of adversity. In his talks he shares personal stories of battling obesity and transitioning from Corporate America to The US Army to highlight each principle. You can learn more about his background and his principles by reading his free ebook [We Can Be Harder - 3 Keys to Mastering Life's Most Important Skill.](#)



*"I just wanted to take a minute and thank you again for your presentation to our students yesterday. I appreciate your vulnerability and courage in telling your stories. What a powerful message of hope, focus and resiliency – a message that is so relevant for all of us!"*

**Cari Harrison, Dean of Students,  
Bellarmine Preparatory School**

*"I witnessed Travis address FBS football coaches and student-athletes at Indiana University with a story about courage in the face of fear. Specifically, he spoke about overcoming his fear of water in the process of becoming a US Army Special Forces Soldier. His personal story is incredibly powerful and his ability to make that story relatable to his audience is phenomenal."*

**Eric Kapitulik, Founder and CEO, The Program, LLC**



Visit <https://TravisDaigle.com> for more information or email Travis directly at [Travis@TravisDaigle.com](mailto:Travis@TravisDaigle.com).